

Program Success Stories: Avoided Procedures

By only contracting with high quality providers, the care path recommended by SurgeryPlus physicians is often a non-surgical plan

Member Situation

- Florida man with chronic knee pain sought out multiple recommendations for treating his needs.
- Orthopedic surgeon at FOI, a Tampa-based Orthopedics “super group”, reviewed the case and scheduled the member for a knee replacement surgery.

SurgeryPlus™ Solution

- Member sought a second opinion and was evaluated by a SurgeryPlus™ surgeon who identified a BMI of 44 and uncontrolled diabetes that the member didn’t know existed.
- The SurgeryPlus™ surgeon recommended a non-surgical care plan that included weight loss, dietary changes and diabetes coaching.
- Member has now lost over 40lbs (with 15 more to lose); his knee pain has subsided, and his diabetes is now under control.

Financial Impact

\$39K

- Under the SurgeryPlus™ network, the total cost of the episode was limited to the \$200 consultation fee.
- Estimated costs for the procedure, in the event it had been completed by the non-SurgeryPlus™ surgeon was ~\$38,760, excluding any costs associated to potential complications that may have occurred.