

# Program Success Stories: Appropriate Diagnosis

By acting as a de facto 2nd opinion, SurgeryPlus providers are able to review provider recommendations and update as appropriate.

## Member Situation

- Man sought care for persistent, chronic back pain that had been managed using pain medication for most of his life.
- The pain was finally so debilitating that he could no longer perform daily functions, even with the medication.
- The man received recommendations from two surgeons where the treatment plan required multiple, additional procedures over the course of his life because they stated his spine was, “not fixable”.

## SurgeryPlus™ Solution

- SurgeryPlus™ surgeon evaluated the case and recommended a two-part spinal procedure, occurring over the course of two consecutive days, that would not require additional procedures in the future.
- Member underwent a successful procedure through SurgeryPlus™ and at his 1-year follow-up, indicated his back pain is no longer an issue and his quality of life has been substantially improved.

## Financial Impact **\$159K**

- Under the SurgeryPlus™ network, the total cost of the appropriate procedure, was \$128,440.
- Estimated costs for the procedure, in the event it had been completed by the non-SurgeryPlus™ surgeon was ~\$287,000.